

Athletes are at the top of the chain of artists due to the amount of concentration that they put in for their craft. One simply cannot concentrate if one does not believe in his/her medium – making athletes few people in this world who still retain our spirituality of life.

Manifestations of athletes (i.e. sports) are truly artistic in a sense that they require total concentration of skill and technique (let's not forget that the word "art" in different languages is attributed to one's skill and technique. Take the Chinese word for "art" 艺术 as an example).

Sporting activities are performance art from which we can learn about the art of art. Let's take diving as an example:

When a diver dives, he/she cannot be thinking about the audience. As soon as the diver thinks about the audience while diving, the diver will not 'land'. In order for the dive to 'land', it requires total concentration from the diver to achieve perfection in his/her skill and technique of diving. The diving has to be for the diver him/herself. Do not get confused here, for I do not mean to say that diving should be 'about' the diver. When the diving is 'about' the diver, the dive only ends up as an aesthetic form without a vision. In general art, a work of art that is 'about' the artist is known as a 'pretentious art'. Pretentious art has no vision, only the qualities of aesthetics that are caged within the experience of one's arrogant self. In art, experience is nothing – concentration is everything. Through concentration one can arrive at the *state of mind*.

Readers may protest by this point at the remark that art at its core is concentration of the artist's skill and technique of manifestation. Readers may say, "what about emotion?" Well, what about it? An emotion is a reaction to a phenomenon. Emotion arises only after the dive. While the diver is diving, the audience, as well as the diver, is fully concentrated on the diver's skill and technique. Emotion is a reaction that merely completes the 'story' – human intellect has been trained to demand story because we work so hard and stories are entertaining. We want to know the history of the diver and react to the diver's dive with emotion in order to complete the story. The audience who anticipates an emotional reaction to art is naïve.

In sporting activities that have multiple 'landings' within a single performance, emotions arise at multiple times. A figure skating performance has many 'landings' and the audience reacts to each 'landing' with an emotion. But each 'landing' is achieved through, again, concentration of skill and technique by and of the skater's manifestation. Such case applies to any temporal art such as theatre, cinema, etc. Arts such as painting and sculpting rely on the single 'landing' as a diver does. And music is out of this world.

Although it may be disagreeable, every art but love is envisioned by a single artist. Cinema and theatre indeed are group efforts. However, cinema and theatre without the auteur who is in charge are none but products – completely immature and clearly inferior. When more than one auteur is present in creating a single work of art it is simply a creative catastrophe that cannot manifest as art.

Love is the only form of creative catastrophe that can stand as art because it requires the alignment of two auteurs their complete concentration of the skill and technique of manifesting belief itself – pure coincidence of unconditionality. It turns out that God does play with dice.