

Convictions of One's Heart

Convictions from the heart – intuition – are those which we naturally utilize in making decisions. However, unfortunately, we often dismiss our intuitions for the sake of “doing it right”. For example, many filmmakers require screenplays and storyboards before they go on shooting, so they can “do it right”. I used to be the same way. But nowadays, I either just do the storyboard or just go on set without any script or any storyboard. I follow my intuition because all that planning and prerequisites to “do it right” stem from our fears of failure. Hence, setting up and heading towards our aims is not driven by the thought that we want to “do it right”, but rather rooted in the thought that we want “not to fail”. In order to achieve greatness in what we do as individuals (i.e. attain happiness in life) we must follow our hearts – intuitively approaching each stage of life. Here, I would like to share my personal motto: “Do Not Aim for Anything”.

But what does it mean by not aiming for anything? What is the point of living without an aim? I can only unravel it as such: when you fall in love with an activity as you would fall in love with a person, doing that activity intuitively brings forth honesty and brings you near to the truth. *The meaning is to do, and the point is to love.* What is love? It is belief; your own faith in another person/people/being(s); your own faith in your medium/activity.

Falling in love with an activity simply makes you do the activity without any expectations from the activity that you are doing. If you are expecting something from your activity, then you are doing the activity with an aim. That is, you are chasing your ideals as opposed to sacrificing yourself to your medium. In short, you do not love your activity. One's aim is entirely psychological. It is not about what you think, it is about what you do – and action is the essence of belief, love.

Hence a true work of art, a masterpiece, does not expect anything from its audience. It rather gives itself fully to the audience. Witnessing a masterpiece is just like having a conversation with a lover – you and your lover open yourselves up as honestly as you two can even while knowing that you two can never fully understand each other. As such a masterpiece cannot be boiled down to a single logical message or be dissected by critical analysis for the sake of uncovering the meaning behind it. A masterpiece contains no clear meaning nor does it exist to serve a definite point. Again, *the meaning is to do, and the point is to love.* Both are incomprehensible, yet we all know and understand what they are and how they are related intuitively. Such is life.

The title “artist” is not only given to those who paint, sculpt, film, write, etc. The title can be given to doctors, business people, accountants, lawyers, fire fighters, etc. An artist is one who believes in his/her activity. Thus, a work of art (work produced by a believer) is intrinsically honest, faithful, and truthful. We need more love and honesty in this world, so we must encourage our young people to search for their beliefs and, more importantly, intuitively go for their beliefs.

Follow the convictions of your heart, don't be scared.

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Flying over the North Pacific Ocean